

# Daily Word



A UNITY PUBLICATION SINCE 1924  
APRIL 1946

# Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

MAR. 20 to APR. 15

APRIL 20 to MAY 15

**ILLUMINATION** (11 a.m.): The light within me is Spirit, my understanding is quickened, and I know the Truth.

**ILLUMINATION** (11 a.m.): My soul doth magnify the guiding light of Spirit.

**PROSPERITY** (12 noon): The Spirit that transformed substance for Jesus is now transforming it for me, and I am prospered.

**PROSPERITY** (12 noon): With my mind's eye I see substance in Spirit, and prosperity is bountifully increased in my affairs.

**HEALING** (9 p. m.): The same Spirit that performed miracles of healing through Jesus is here restoring me to harmony and health.

**HEALING** (9 p. m.): I praise and magnify the healing power of Spirit within, and good health is manifest without.

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# DAILY WORD

EDITED UNDER THE SUPERVISION OF SILENT UNITY

Vol. 44

APRIL, 1946

No. 4

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## DAILY LESSONS FOR APRIL

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## *"If I Be Lifted Up"*

Cleda Reyner

**T**O A GREAT number of people the Easter season excels even that of Christmas in its spiritual character. The soul longs to exalt the One who "grew, and waxed strong," attaining unparalleled spiritual character; and while it is not wholly clear to all people just how they can exalt Him, there is a very simple way to do this. Every person who changes his thought for the better exalts the Christ to some degree. Such a change in thought may be produced by many different means—prayer, observation, reading, listening, meditation, or just plain thinking. As one learns to place a greater value on himself, to love his fellow man more, to understand life better, Christ is exalted in him.

Quite frequently I hear someone say, "I have a clearer idea about that lately" or "I have a better understanding of that person or situation now." Christ has been exalted in him.

One woman told me that she is a completely different person than she was two years ago. She said that whereas she used to worry and live anxiously she has learned to enjoy long periods of peace, that when anxiety does start its undermining work she knows how to reduce and temper it,

and that she knows she will soon banish it altogether. She says that she used to be annoyed and irritated at things that seem inconsequential now. She used to avoid recitals of other persons problems, but now she finds she can not only listen but give help and comfort. Christ has been exalted in her.

Somewhere along the way of our religious evolution we came to believe that to exalt Christ was to proclaim our belief in Him, to acknowledge ourselves publicly to be Christians, to call Him "Wonderful," "Mighty One," "Prince of Peace." Yet it is highly improbable that He found gratification in this kind of exaltation. His greatest desire was to have us believe in the Truth that He taught. "Believe in My teachings" was His message rightly interpreted, not "Believe on Me" or "in Me." Believe in My teachings and they will show you how to live happily, helpfully, and constructively. Believe in Truth, and you will never find life futile or dull or beyond your power to master.

Jesus Christ is worthy, more than worthy, of all the songs that have been written about Him, of all the poems that have acknowledged His divinity, of all the cathedrals that have been erected to His glory, of all the rituals that have centered around His name. Biographies and memorials of

the great are always in order, but should we remember the teacher and overlook His teachings?

Servicemen complained frequently during the war that much was said of Christ and the details of His life and little of Christianity. They wanted to know how to pray, what to think, what to believe, what to do, what to expect in the way of divine help. They wanted to know how to adjust themselves to army discipline, army duties, army associations.

All of us want to know the best and happiest way of life, and we shall find it not merely by believing on Christ but by believing the teachings of Christ. Our happiness cannot exceed our knowledge of the requirements of happy living. Our ability to get along with people cannot exceed our understanding of people, their feelings, desires, and aspirations. Our success in any field of endeavor cannot exceed our knowledge and use of the elements of success.

The general principles underlying the abundant life are given in the teachings of Jesus Christ, but by reason of the times and lack of recording facilities they were not given to us in elaborated form. We have been given briefly the injunctions to love, to forgive, to be humble, to be merciful, to be peaceful, to live abundantly. The ramifications of these teachings are given us daily in countless

ways. In no other age has so much been written and said about the inner workings of our mind, about human relations, about the intricacies of human behavior. Ministers, doctors, authors, teachers, playwrights are lending their efforts more and more to helping us understand ourselves and our fellow creatures. Also every experience that comes to us is a teacher. All of this, plus our own personal interest in learning and understanding, helps us live a fuller, richer life.

It is not the circumstances of our life that make us or break us but our way of meeting them. One person may have a nervous breakdown over the disappointing outcome of a situation, while in a like situation another person remains comparatively calm. Both may believe on Christ, but one believes His teachings enough to have formed a workable philosophy and faith to sustain him. He finds himself rich enough in spiritual and mental assets to carry on. Christ is exalted in him.

Two men may fail in business and suffer similar losses. One is so bereft of hope and courage that he commits suicide. The other out of an accumulation of spiritual truth draws enough good thoughts to carry him through. Though he has failed in one endeavor he does not consider himself a failure, and he starts all over again. Christ is exalted in him.

Two persons may suffer the same kind of disappointment in their love or marital affairs. One is so disappointed and depressed that he shuts the door of his heart and mind to any possibilities of a repeated experience. He swears he will never permit such a thing to happen again, that he will live to himself, for himself, within himself; and so life for him becomes static. The other believes that in the whole world of people there are others with whom he can find companionship and happiness. Out of his disappointing experience he filters the good that was there, the understanding he gained, the knowledge he learned, adds them to his personality and character and thus makes it possible to attract greater blessings to himself than he has ever known. Christ is exalted in him.

Until we know all we need to know about ourselves and others and life itself we should make the getting of such knowledge our hobby, our work, our profession, to be carried on in conjunction of course with whatever else we are doing.

On Monday we may with profit study the worker who arrives on the job grumpy and late. If we do not throw up a barrier of displeasure he may give us an opportunity to throw some light on his problem and to deepen our own understanding. We grow by vicarious experiences as well as by personal ones. On Tuesday we may give loving

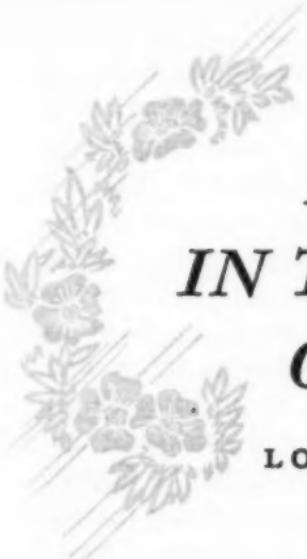
attention to the temperamental child, wife, or husband and find that back of the temperament is a real soul need for love and closer companionship. On Wednesday we may discover that the thing someone said or did to us was not an expression of malice at all but a desire, even a need, to bolster up his own self-confidence. On Thursday we may come to see that we need not hold so tightly to our good, for if it disappears in one form it comes back in another. So on through all the week we enlarge our love and faith and understanding. In such ways do we exalt the Christ. One of the greatest needs of Christ-loving people is to know that in the living of a happy, well-adjusted life we are pleasing God. It has been thought that one must choose between Christ and the world and its people. But to love one is to love the other. To love both is to exalt the Christ.

"And I, if I be lifted up . . . will draw all men unto myself."

Blessed are they that hunger and thirst after righteousness: for they shall be filled.

Blessed are the pure in heart: for they shall see God.

Blessed are the peacemakers: for they shall be called sons of God.—*Matt. 5:6, 8, 9.*



# *I LIVE IN THE LOVE OF GOD*

LOLA INGRES HAEFELE

W herever I go, whatever I do,  
As long as my inner self is true  
I live in the love of God.  
His wisdom directs me,  
Love soothes and protects me,  
Uplifts and hides me  
From every negation  
Or error creation.



Wherever I go, whatever I do,  
As long as my inner self is true  
I live in the love of God.

At dawn, at evening, or burning noon,  
As long as I keep my heart in tune  
I live in the love of God.

The peace of God stills me,  
His harmony fills me;  
For moments of sadness  
He substitutes gladness;  
His strength upholds me,  
Surrounds me, infolds me.

At dawn, at evening, or burning noon,  
As long as I keep my heart in tune  
I live in the love of God.

## *A Place Is Prepared for You*

MARTHA SMOCK

NEWSPAPERS nowadays carry long lists of advertisements for places to live, some offering rewards to anyone who will provide such a place or information leading to it. The return of the war veterans, the increase of families, and the cessation of building during recent years produced a nation-wide housing problem. On every side is heard the all-important question "Where are we to live?" Unity has had many requests for help in prayer from persons desperately in need of a home.

The wonderful thing about Truth is that it always offers answers to present-day problems, and the housing situation is no exception. Every day we hear of persons who have proved that practice of the principles of Truth is a sure way to find a home.

How can prayer help one find a home when to all appearances there is none available? First of all, prayer does something to one's state of mind. A family desperately in need of a place to live is more than likely to feel anxious and worried and frustrated. The members of the family are likely to feel irritable toward one another, toward the government, toward everyone who is comfortably

settled in his own home. To pray in faith to an all-providing Father dissolves anxiety, irritation, or feelings of hopelessness. If even one member of a family in need of a home can quiet his anxiety through lifting his heart and mind in prayer, if through prayer he gains a feeling of faith and confidence and the assurance that all needful things, a home included, are being provided, he can do much to ease the tension of the rest of the family. A relaxed, happy, confident state of mind also makes one more open to guidance, to direction, more receptive to good.

Prayer quickens the mental processes, makes a person alert to opportunities, shows him the things to do that will lead him to right answers. When you take your need of a home to God in prayer, you open yourself to guidance; you may be shown better ways of advertising for a home; you may be guided down the very street where your longed-for house stands; you may make contact with the person or persons who can help you locate a place to live.

Sometimes a verse from the Bible proves inspiring in a time of specific need. Often such a verse, although not meant to apply to a modern problem or need, seems so apt that it stands out in our mind as an answer when we run across it. In connection with the housing shortage this

statement of Jesus' seems comforting and reassuring to me: "Let not your heart be troubled: believe in God, believe also in me. In my Father's house are many mansions; if it were not so, I would have told you; for I go to prepare a place for you." To me this says: "This is my Father's world and there is a place for everyone. The Christ Spirit in man, in you and in me, goes before us to prepare a place for us."

For the present you may find it necessary to "double up" with another family, but you can make even one room or a part of a room a home by your determination to make the best of the situation, by your loving and co-operative spirit. Living conditions may be crowded and cramped, but your heart can be large, your mind can be free, your attitude toward life can be generous and expansive.

Before too long there will be suitable housing for everyone who longs for a home. But now, even in the face of the shortage, you can prove God's loving care, you can find a place to live, you can inject joy into your environment wherever or whatever it may be.

"Let not your heart be troubled: believe in God, believe also in me. In my Father's house are many mansions; if it were not so, I would have told you; for I go to prepare a place for you."

I HAVE FAITH IN THE POWER AND GOODNESS OF GOD AT WORK IN MY LIFE, IN MY LAND, AND IN THE WHOLE WORLD NOW.

THE following prophesy from Isaiah is one that is good for us to remember and to think about as we give our blessing to world conditions: "For, behold, I create new heavens and a new earth; and the former things shall not be remembered, nor come into mind. But be ye glad and rejoice for ever in that which I create; for, behold, I create Jerusalem a rejoicing, and her people a joy. And I will rejoice in Jerusalem, and joy in my people; and there shall be heard in her no more the voice of weeping and the voice of crying. . . . And they shall build houses, and inhabit them; and they shall plant vineyards, and eat the fruit of them. They shall not build, and another inhabit; they shall not plant, and another eat: for as the days of a tree shall be the days of my people, and my chosen shall long enjoy the work of their hands. They shall not labor in vain, nor bring forth for calamity; for they are the seed of the blessed of Jehovah."

• *Before they call, I will answer; and while they are yet speaking, I will hear.*—ISA. 65:24.

I CONSTANTLY TURN TO GOD FOR GUIDANCE, AND HE UNFAILINGLY DIRECTS MY STEPS.

**T**HE constant need for divine guidance is one that we all feel. Daily in our life there are decisions to make, and we want to make wise and right decisions. The knowledge that God is ever with us, that His wisdom and inspiration are always available to us when we turn to Him, gives us confidence and assurance to meet each problem.

You need not grope in darkness or feel doubt and anxiety, for God's light shines clearly, making your way plain before you. Turn to Him in faith for guidance and depend on His help in managing every detail of your life, however large or small. If you are perplexed become still, quiet all anxious thoughts, and acknowledge that He is leading you. Soon you will find your difficulties disappearing, and you will know just which course to follow. When you rely on His wisdom to light your way each step will be revealed, and you will take each step confidently, in the assurance that all things are working together for good.

¶ *Then shall thy light rise in darkness . . . and Jehovah will guide thee continually.*—ISA. 58:10, 11.

MY MIND IS ILLUMINED WITH THE LIVING LIGHT OF GOD, AND I AM RADIANT WITH INSPIRATION.

**T**HE LIVING light of God is forever shining. It shines in you, it shines in every heart. It is the light of the secret place of the Most High. It steadily shines even through dark times, and as we remember that it is shining, as we turn to it we feel a sense of peace, of assurance, a feeling that all is well.

The living light of God is shining now in the darkened corners of heart and mind, banishing depressed feelings, dissolving fear, bringing radiance and joy to the soul. Wherever we are, wherever we go, the light of God goes with us, the light of God shines through us.

The living light of God reveals the Truth; it shows us the way to live effortlessly, lovingly, fully; it inspires us to express the highest and best talents we possess for the good of man and to the glory of God.

Today rejoice that your mind is illumined with the living light of God.

\* *Let your light shine . . . and glorify your Father who is in heaven.—MATT. 5:16.*

I AM A HEALTHY, HAPPY, CAPABLE CHILD OF  
GOD.

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**A**s I review in my mind the activities that seem necessary during the span of one short day, it sometimes seems impossible to accomplish all of them satisfactorily. But all things are possible to God, and God in me is the same as the God of the universe; therefore all things are possible to me.

Guide me, Father-God, into right activities for today; guide me to put the right emphasis on each activity as it comes and to do all things with an open mind and with an understanding heart. Let me listen for your voice in my decisions. Teach me the wisdom of suspended judgment, of deliberate speech, of kindly attention to the ideas of other persons.

I give thanks for my abounding energy and my perfect health, which make it possible for me to do many things. Teach me to use this energy wisely and to direct it into proper channels.

Guide me, indwelling Spirit, today and each succeeding day in all that I think and say and do.

• *This is the day which Jehovah hath made.—PSALMS 118:24.*

## MY TRUST IS IN GOD, AND I AM POISED AND SERENE AT ALL TIMES.

**I**F YOUR trust is in God you cannot be dismayed or disturbed whatever situation you have to meet. The assurance that God is in charge of your affairs brings a poise and serenity of spirit that will see you safely and surely through any experience. The calmness and self-possession you attain through this trust are invaluable assets and will inspire confidence in all whom you contact.

If you are faced with an emergency of any kind meet it with poise. Instead of allowing your thoughts to become fearful and disorganized, immediately affirm your faith in the power of God to overcome any negation, to bring order out of seeming chaos. Each time you do this you help to establish the habit of calmness and serenity, you prove to yourself and to others that you are a poised person, that your trust is in God, and that you rely on His law of good.

Constant awareness of God's presence, constant willingness to trust your affairs to Him, will keep you relaxed and poised at all times and make your life peaceful and orderly.

• *Put your trust in Jehovah.—PSALMS 4:5.*

I REALIZE THAT I AM SPIRIT, AND I AM ETERNALLY FREE.

**T**HE WAY of Spirit is the true way of liberty and freedom. I walk in this way, and I am not in bondage to persons, to conditions, to unhappiness of any kind. I recognize and acknowledge that I am a spiritual being. The limitations of the material world drop away, and I am conscious of light and freedom.

The mistakes of the past cannot bind me and the future is limitless, for I am firmly established in my belief in my freedom in Spirit. Today I am filled with a consciousness of freedom. All thought of burden and limitation is erased from my mind, and I am free with the freedom of Spirit.

I acknowledge that the power of Spirit in me is greater than any difficulty, that I can rise above any belief in bondage. Nothing in my daily life can disturb me, and problems cannot enslave me, for I know that in Christ I am free.

The perfect freedom of Spirit fills my soul now and forevermore. I realize that I am spirit, and I am eternally free.

• *If therefore the Son shall make you free, ye shall be free indeed.—JOHN 8:36.*

CHRIST IN ME IS MIGHTIER THAN ANY CIRCUMSTANCE IN MY LIFE.

**T**RUTH has helped many persons to realize that they are not victims of circumstance. Many share the conviction of the poet:

"I am the master of my fate:

I am the captain of my soul."

There is the best of reasons to substantiate such faith. God is not only "over all" but "through all, and in all." The very presence of God, the same triumphant, undefeatable Spirit that was in Jesus is in you. The presence of God is individualized in you as your own Christ self, the reality within you that has never changed, that has never been hurt or defeated.

Christ in you is the wisdom, faith, and courage that meet every challenge successfully. Christ in you is love, understanding, and good will that give you patience and graciousness at all times. Christ in you is the peace, joy, and light that manifest themselves as true happiness and enable you to share happiness with others. Christ is overcoming power.

• *Greater is he that is in you, than he that is in the world.—I JOHN 4:4.*

I AM ALIVE, ALERT, AWAKE, JOYOUS, AND ENTHUSIASTIC ABOUT LIFE.

**T**HIS IS A Silent Unity affirmation that never fails to thrill us with a feeling of new life and enthusiasm when we use it.

All of us have so much more energy and enthusiasm than we express. Sometimes we let ourselves slump into a lethargic state of mind and body, we only half express ourselves, and so we feel that life has become dull or boring.

In Truth we believe in affirming the qualities or states of mind that we should like to give expression to, for we believe that in making such affirmations we are stating the truth about the real self of us. When we affirm, "I am alive, alert, awake, joyous, and enthusiastic about life," we are declaring what is true of us spiritually, and we are setting ourselves free from negative states of mind that have caused us to believe that we lack energy and that life lacks meaning or zest.

Today think of yourself as a vital, enthusiastic person, filled with boundless energy and unending joy.

• *Stir up the gift of God, which is in thee.—II TIM. 1:6.*

THROUGH THE HEALING, HARMONIZING  
POWER OF SPIRIT I AM TRANSFORMED IN SOUL  
AND BODY.

SOMETIMES IN praying for health we forget that health must include the whole man, spirit, soul, and body. In Spirit man is perfect and whole, but he has not learned how to express perfection in soul and body. All healing takes place first in the soul and then shows forth in the body. We cannot always tell just which ideas, held deep within the soul, are the basic cause of discomfort in the body, but as we deny all belief in negation and affirm that we are spiritual beings endowed with the creative and overcoming power of Spirit, we transform and heal the soul and call forth perfection and wholeness in the body.

The showing forth of health should be a relaxed unfolding process rather than a strained attempt at healing. The perfection of Spirit will be ours in soul and body as we have faith in our innate wholeness, as we relax in the presence of God and rest in His peace and harmony and healing life.

• *Bless Jehovah, O my soul.—PSALMS 103:2, 3.*

ASSURED THAT DIVINE LOVE PROTECTS ME,  
I REST IN PEACE, FREEDOM, AND SECURITY.

**F**EAR OF impending adversity or danger, either real or imagined, prevents many persons from enjoying freedom and happiness. Often the anxiety that people build up in their mind exceeds the proportions of any possible hazard. As the old adage warns, why cross the bridge before we come to it? Problems are not solved or purposes accomplished by crossing mental bridges of worry and anxiety. This negative use of mental power results in unhappiness in mind and tension in body, but clear thinking and serenity of spirit will cope with any situation effectively.

There is no more valuable aid in maintaining mental poise and equilibrium than wholehearted trust that a higher power is at work to bring about good. Of this you may be certain: God is love, and love ever surrounds, infolds, and protects you. Your recognition of God's presence means freedom from tension or anxiety; it means abiding peace, freedom, and security.

• *Casting all your anxiety upon him, because he careth for you.—I PET. 5:7.*

THE KNOWLEDGE THAT DIVINE JUSTICE IS INVINCIBLE GIVES ME PEACE OF MIND AS REGARDS ALL MY AFFAIRS.

**I**N his essay on "Compensation," Emerson wrote: "Justice is not postponed. A perfect equity adjusts its balance in all parts of life." Because God, the good, is omnipotent, we may be assured that there is a principle of justice that cannot be defeated.

There are times when people seem to be wrongfully treated and when injustice is apparent. But it must be remembered that the outworking of justice is not confined to a single incident or to a certain set of circumstances. Judging thus gives only a partial and limited view of life's experiences. Viewed from a larger perspective, apparent injustice may be found later to have been short-lived and what once seemed adverse to have brought ultimate good.

When the truth is accepted that divine justice is undefeatable, its establishment in our affairs is inevitable. Faith in the invincibility of divine justice also helps us to guide our thoughts and actions toward its fulfillment.

• *For all his ways are justice.*—DEUT. 32:4.

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# Cathedral

MARY MAE OESCH

In nature's spring cathedral  
Sweet sylvan lyrics ring,  
As leafy anthems whisper  
And choirs of zephyrs sing.  
In rippling, bright arpeggios  
The brooks and birds all bring  
New notes of joy and gladness,  
A hymn in praise of spring.

Within my soul's cathedral  
My faith's awakening  
Reveals new hope and courage  
That bid my heart chimes ring.  
In dulcet tones life whispers,  
"Arise, rejoice, and sing,  
And blend your heart and voice with  
The symphony of spring."

**I KNOW THAT GOD IS THE FULFILLMENT OF  
MY EVERY NEED.**

**I**N THESE days of housing shortages and reconversion activities a person is likely to be anxious and fearful about the future and his well-being unless he has some understanding of Truth. The person in Truth knows that regardless of changes in business and industry and the seeming lack of places to live there is always fulfillment for every individual need. If our need is a job there is a job for us; if our need is a place to live there is a place for us; if our need is money, ideas, or guidance there is fulfillment for this need. Our part is to know the truth, to have faith, and to follow the guidance we receive.

This may seem like a broad and farfetched idea to one who has felt weighed down and disturbed by any of these conditions, but it is true. No matter what outer conditions seem to be, if one knows God as the fulfillment of his every need and looks to Him in faith for guidance he cannot fail to receive. It is through prayer that one gains a clear understanding of the truth and receives guidance.

• *Jehovah is nigh.*—PSALMS 145:18.

THE LOVING CHRIST SPIRIT IN ME FREES  
ME FROM ANY CRITICAL OR UNLOVING  
THOUGHTS.

**W**E NEED to watch our thinking so that we do not fall into the habit of criticizing other persons, conditions in the world about us, or even ourselves.

When we love Truth, when we love perfection, when we set high standards for ourselves and others, we cannot always accept human shortcomings philosophically, we do not always resist the desire to criticize—if not openly at least mentally—any failure to conform with what we think of as right and good. While a critical mode of thinking is understandable, it is so detrimental to our own growth and development that we should not allow ourselves to fall into it.

The way to overcome the tendency to be critical is to remember Christ's admonition "What is that to thee? follow thou me." Our business is to turn always to the Christ within for light and inspiration and to turn to Him for His love and blessing when critical and unloving thoughts rise up in us, to let His Spirit find free expression through us.

• *What is that to thee? follow thou me.*—JOHN 21:22.

BECAUSE I AM WILLING THAT THE KINGDOM OF HEAVEN PREVAIL IN MY MIND, ITS ORDER AND BEAUTY FILL MY WORLD.

**I**N the mental realm each individual has complete freedom and authority. No person is obligated to accept the ideas of limitation suggested by others, for each one may determine the thoughts that are to find lodgment in his mind and those which are to be rejected. With regard to our thoughts, we have the authority to "say to this one, Go, and he goeth; and to another, Come, and he cometh."

The character of our thinking finds outer expression in the conditions of our life. Therefore we should control our thinking carefully by letting the Christ presence be the guard that watches over the citadel of the mind and heart. Only that which the Christ approves should remain.

When our thoughts are in accord with the harmony, beauty, and order of the Christ standard, they are reproduced as conditions in our lives. As the kingdom of heaven is thus established within, its order and beauty pervade our world.

• *Of the increase of his government and of peace there shall be no end.—ISA. 9:7.*

APRIL 15

Monday

THROUGH THE POWER OF SPIRIT IN ME I AM QUICKENED IN UNDERSTANDING AND ESTABLISHED IN MY OWN RIGHT PLACE.

IT IS IMPORTANT to every person to feel that he belongs in the world, that he is in his right place, that he is needed where he is. If you do not have this feeling about yourself you should give some time every day to praying for right placement for yourself. Sometimes we are in our right place but do not know it, and by praying for right placement we become consciously aware of the blessings and satisfaction that we give and receive where we are. If we are not in our right place, if we are not using all of our abilities, calling into expression our true talents and powers, we open the way for growth and true progress in ourselves and in our way of life by opening ourselves to the idea that we are important to God and to man.

There is no one else exactly like you; no one can take your place in the divine scheme of things. Through the power of Spirit in you you are established in your own right place.

\* *Ye did not choose me, but I chose you, and appointed you.*—JOHN 15:16.

## THROUGH THE FORGIVING LOVE OF CHRIST I AM FREE AND AT PEACE.

TO FORGIVE IS ONE of the most satisfying of all spiritual experiences. Forgiveness of oneself or another person is an act that speeds spiritual progress. By forgiving ourselves our past mistakes and seeming failures, by releasing every thought of regret and self-condemnation we begin again and open our heart, mind, and life to new joys and new experiences. By forgiving another we give our blessing to him, and we free ourselves from the effects of unforgiving or unloving thoughts.

To forgive is not always easy, but it is always possible when we remember that we do not have to overcome our recriminations, prejudices, or unforgiving thoughts alone. The forgiving love of Christ is always with us, and when we turn to Him and His forgiving, freeing love, we find release from thoughts about ourselves or other persons that have been unhappy or unforgiving. We feel freer, more at peace, more satisfied than ever before.

• *He is faithful and righteous to forgive our sins, and to cleanse us from all unrighteousness.—I JOHN 1:9.*

THERE IS ONLY ONE PRESENCE AND ONE POWER IN MY LIFE, THE PRESENCE AND POWER OF GOD, THE GOOD.

**T**HE UNDERSTANDING that God, the good, is the only real presence and power in your life is the key to health, happiness, and success. Negation in any of its forms—disease, unhappiness, lack—has no power over you.

If ill-health has been manifest in your body look away from appearances and acknowledge your oneness with God's life and wholeness. Turning your attention away from negation and keeping it fixed on the power of God will bring a response of health and perfection in your body. If you have been unhappy or lonely realize your oneness with God's love and joy and trust Him to bring peace and happiness into your life. If you have lacked any material blessing know that God's substance surrounds you and that you can draw upon it any time for any good you may need or desire.

When you dwell in the realization of the presence and power of good, satisfaction and well-being are yours.

• *Accept that which is good.—Hos. 14:2.*

IN GOD I LIVE AND MOVE AND HAVE MY BEING. HE SATISFIES MY LONGING SOUL AND FILLS MY LIFE WITH HIS GOOD.

**P**AUL SAID IN writing to the Philippians, "I have learned, in whatsoever state I am, therein to be content."

Much unhappiness is the result of a discontented spirit. If we can learn, like Paul, to be contented in whatsoever state we are in, we shall find freedom from feelings of frustration and injustice and bitterness about our lot in life. It is true that until we are perfect human beings we shall not have the feeling of being completely satisfied, but it is important that we know the difference between the dissatisfaction in us that keeps us continually striving toward perfection and a discontented state of mind. Webster says that "to content is to bring to the point where one is not disquieted or disturbed by desire, even though not every wish is gratified."

To know that in God you live and move and have your being helps you develop a contented heart and mind.

• *I can do all things in him that strengtheneth me.*  
—PHIL. 4:13.

APRIL 19

Friday

## THE JOY OF THE LORD IS MY STRENGTH.

**T**ODAY THE THOUGHT of most of the Christian world is turned to the suffering of the man Jesus before His crucifixion, and if we do not guard against it it is easy to allow sadness and depression to enter into our consciousness.

As Truth students it is important that we make Good Friday a day of spiritual joy and strength, that we do all that we can to lighten and gladden the thought and heart of the world, that we do not add to its sadness by dwelling in our mind on Jesus' suffering. Let us remember His faith, His strength, His courage, and most important of all, let us remember His resurrection!

Whatever you meet today, whatever you do today, wherever you go today, know that the uplifting presence of Christ is with you, that His joy is in you, that through Him you are strong and serene, and capable of meeting everything in your experience courageously.

The joy of the Lord is your strength today. The joy of the Lord radiates through you to bless every person whose life touches yours.

• *That my joy may be in you, and that your joy may be made full.—JOHN 15:11.*

MY SOUL DOOTH MAGNIFY THE GUIDING LIGHT OF SPIRIT.—UNITY CLASS THOUGHT.

OUR ILLUMINATION thought for the current month directs our attention to the truth that God has given us light so that we do not need to walk in darkness. The light of His Spirit shines for us momently to guide us in the way of Truth, the way of love, peace, joy, and plenty.

Sometimes in our daily ongoing we do not perceive our need for light. The path before us may appear bright and clear, leading to what seems to be certain success. But there may be pitfalls in it that we can avoid only by letting the light of Spirit reveal to us the true and right way.

You will find your day filled with satisfaction and crowned with success if you will let your soul magnify the guiding light of Spirit. Praise and give thanks to God for this light, which brings illumination where there once was darkness, dispels the shadows, and makes the rough places plain.

*My soul doth magnify the Lord . . .  
Holy is his name.*

—LUKE 1:46, 49.

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## THIS GLORIOUS EASTER

VIOLET THOMAS HARTMANN

Today Truth's timeless message comes  
Aglow with living light.

I breathe new life, new joys, and feel  
My spirit's upward flight.

I sense a resurrection since  
The mists of doubt are gone  
And grow in grace as lilies do  
To greet the Easter dawn.

I listen to the voice of Truth  
And gain a deeper sense  
Of immortality and peace  
And God's omnipotence.

I praise each Easter blessing that  
God's love has given me;  
Through Christ today I shall arise  
Transfigured, whole, and free!

I AM THE RESURRECTION AND THE LIFE. I RISE TRIUMPHANT OUT OF EVERY TRIAL.

**W**HEN WE AFFIRM, "I am the resurrection and the life. I rise triumphant out of every trial," we are connecting spiritually with the Christ presence and power within and partaking of His resurrecting Spirit.

Let this affirmation lift you out of any belief in limitation, any thought of depression or defeat, any downward trend in your attitude toward life. Christ in the midst of you is saying: "I am the resurrection and the life. I rise triumphant out of every trial." His resurrecting Spirit is freeing your mind from old thoughts, your heart from old hurts, and your life from old habits.

At the Easter season it is easier to rise out of limitations of the past, for the thought of the world is keyed to renewal. It is the time of resurrection in the inner world of men's minds and hearts, it is the time of resurrection in the natural world about us. Enter now into the thought of renewal and resurrection. Know that you are alive in Christ, that through Him you rise triumphant out of every trial!

• *I am the resurrection, and the life.—JOHN 11:25.*

I PRAISE AND MAGNIFY THE HEALING POWER OF SPIRIT WITHIN, AND GOOD HEALTH IS MANIFEST WITHOUT.—UNITY CLASS THOUGHT.

THE DYNAMIC power of gratitude and the quickening power of praise are important factors in our gaining and maintaining good health in mind and body. A mind filled with praise and thanksgiving is mighty to rebuild, to restore, and to revitalize the body that it governs and directs.

God has put a new Spirit of life and health within us. If we always let this Spirit express itself fully in every cell of our body, we shall never experience illness or bodily inharmony of any kind. But because we are still learning that we are essentially spiritual beings rather than suffering mortals, we should be careful not to let the belief in mortality gain the upper hand.

God's quickening Spirit of life and health is especially active in us at this Easter season when all the world responds to the surge of new life. Let us give thanks that His new life is now renewing and vitalizing us, making us whole.

• *I will . . . magnify him with thanksgiving.—PSALMS 69:30.*

WITH MY MIND'S EYE I SEE SUBSTANCE IN SPIRIT, AND PROSPERITY IS BOUNTIFULLY INCREASED IN MY AFFAIRS.—UNITY CLASS THOUGHT.

ONE OF THE fundamental laws of mind action is that what we perceive and visualize in mind becomes manifest for us according to the degree of our faith. We have abundance or lack, to the extent of our ability and willingness to lay hold of the truth that Spirit substance is the essence of all forms of prosperity.

While we may customarily measure prosperity in terms of money, it is well to remember that we can have a bountiful increase of prosperity without our receiving any money at all. Spirit substance often does become manifest as money, but it can also become manifest in an infinite number of other forms. Hence we should be constantly alert to perceive that this substance is all about us, ready to meet every need and to provide us with the abundance that God desires us to have. Let your mind's eye behold riches, and abundance will be yours.

*Jehovah be magnified,  
Who hath pleasure in the prosperity of his servant.*  
—PSALMS 35:27.

## GOD LOVES ME WITH AN EVERLASTING LOVE.

**E**MMET FOX, eminent Truth teacher, explains God as love in this way: He says that we can understand God as love when we think of love as we know it on the human plane. God's love is comparable to human love, only infinitely greater.

We may not be able to define love, but we can understand it, we can recognize it. We know and appreciate the unselfish love of a mother for her child, we know what it means when a man loves his work, we know what it means to be generous and kind and considerate, we know the kind of thoughts and acts that are loving, and so we know what love is.

When we think of God as love we can conceive then of a great, loving Spirit surrounding and infolding us and all creation, a Spirit that is always responsive to our prayers, always our help when we turn to it.

God loves you. Believe this. Give thanks for this knowledge and be happy in the realization that you are never alone, never shut off from the infinite, everlasting love of God.

• *I have loved thee with an everlasting love.—JER. 31:3.*

DIVINE ORDER IS NOW ESTABLISHED IN MY MIND, BODY, AND AFFAIRS THROUGH THE POWER OF THE INDWELLING CHRIST.

**W**HAT IS DIVINE order? One of the basic premises of Truth is that underlying appearances there is the perfection of God. Divine order is another term for this inherent perfection which exists eternally, which is unchanging because it is of Spirit.

No matter what appearances may be in our life, we can know that the appearance is not the reality. Something in us tells us that health is our heritage, that we were not created to live in poverty or confusion, that fear and unhappiness are not God's will for us.

There is no better time to affirm divine order than when things seem confused, when the balance of our life seems disturbed, when we have the appearance of sickness or lack or unhappiness to deal with. We may not see how just affirming divine order will help, but if we will try it, if we will affirm it with faith and understanding, we shall discover for ourselves the freeing power of Truth.

• *The truth shall make you free.—JOHN 8:32.*

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I ACCEPT GOD'S INSPIRATION IN ALL MATTERS, FOR HIS WAY IS SURE AND CERTAIN AND SATISFYING.

Often a **TRUTH** student who contemplates a change or has a decision to make is heard to say, "I will pray about it." What does he mean? He means that he will quiet his own mind and heart and will seek within for God's inspiration, knowing that God's way will be the straight and certain way to the end he desires.

Many times we hesitate to make a decision because we cannot tell which is the wisest of the ways open to us. By pondering in our mind the conditions and circumstances involved we sometimes get into a very confused and upset state.

In a certain set of circumstances there is always one way that is the easiest and most direct way to take, and by turning within for God's inspiration and guidance we discover what this way is. In other words, we "pray about it," and when it is time for us to act we unfailingly know which way to go.

*I will instruct thee and teach thee in the  
way which thou shalt go:*

—PSALMS 32:8.

## I ACCEPT GOD'S GIFT OF HAPPINESS THIS DAY.

**M**OST OF US believe that we must pursue happiness, and we seek to find happiness in our relations with other persons, in particular environments, in business and social activities; but unless we accept God's gift of happiness implanted in our own heart we shall never find happiness.

We all know persons who seem to have everything in an outer way to make life a joyous, happy experience but who are discontented and weary of spirit. They have not yet accepted God's gift of happiness. Again we know persons, handicapped to the point where their lives are very restricted, who are radiantly happy and who are inspiring companions. They have accepted their gift of happiness.

Happiness is always present in the heart, so it is possible to be happy under all conditions and circumstances. It may not be easy for us to claim our gift, but as we persistently turn within, expectant and receptive, we shall not fail to be lifted up and blessed with happiness.

• *Whoso trusteth in Jehovah, happy is he.*—PROV. 16:20.

## THE SPIRIT OF TRUTH REVEALS ITSELF TO ME AS INSPIRATION, STRENGTH, AND COMFORT.

**J**ESUS PROMISED the coming of a Comforter who would abide with us forever and teach us all things. The divine Comforter spoken of by Jesus is the Spirit of truth within the mind and heart of each person, which is ever ready to send forth its blessings of peace and courage and reveal the right light and inspiration.

As much as friends or dear ones may wish to be of help, there is One within who is far better able to comfort and counsel. The strength and courage your own heart needs, the special uplift and guidance your mind seeks, and the peace your soul desires must ultimately come from within.

Whatever experience you may be facing, turn in prayer to the Spirit of truth that is within you. It will shed light on any situation, reveal the truth that there is good in every condition, and sustain you in strength of heart. The solace and counsel of the indwelling Spirit of truth surpass the help of even the dearest friend.

¶ *The Comforter, even the Holy Spirit, whom the Father will send in my name, he shall teach you all things.*  
—JOHN 14:26.

TODAY IS A NEW BEGINNING. I AM ALIVE WITH THE LIFE OF GOD AND EXPECTANT OF MY GOOD.

EVERY DAY CAN be your birthday, because every day you can be born anew in consciousness. We behold you as the ever-renewing, ever-unfolding expression of infinite life. Age and time are only ideas in the mind of man. In the mind of God it is always the eternal, unending present. Spirit does not age. Spirit does not change. Spirit is eternally young.

Each day is like a clean, unwritten page. It need not be blotted by yesterday's mistakes. They are past. They no longer exist unless you hold them in your consciousness.

Accept the joy and freedom of this day. Do not hold yesterday's sorrows to your heart. Do not carry yesterday's burden on your shoulders.

Accept the newness and freshness of this day. Write on its page only the thoughts and the actions that will make you more conscious of your heritage as a child of God.

*Thou hast turned for me my mourning into dancing;  
Thou hast . . . girded me with gladness.*

—PSALMS 30:11.

APRIL 30

Tuesday

## FATHER, MY HEART IS FULL OF LOVE AND PRAISE FOR YOUR GOODNESS.

FATHER, I come to You with deep thanksgiving and love. My life is brimming over with blessings. My heart is filled with a song of praise for the great good You bestow on me constantly.

Father, I thank You for the warmth of Your love which flows through me. Your love is my finest gift, for I can share this gift with my fellow men in actions that are helpful, in deeds that are beneficial.

Father, I thank You for the shining faith that makes me know that all roads lead to You. This faith is the morning's blessing, the noonday's brightness, the evening's peaceful benediction.

Father, I thank You for Your constant companionship. In trust I walk the paths of life, seeing beauty, believing in the good, finding joy in service, and partaking always of Your love.

Father, my heart is full of love and praise for Your goodness.

*I will give thanks unto Jehovah with my whole heart;  
I will show forth all thy marvelous works.*

—PSALMS 9:1.

## *Temple of World-Wide Unity*

From time to time announcements have appeared in this magazine regarding the progress of the new Unity Temple that is now being built in Kansas City, Missouri.

A check-up of the sources and growth of the Temple Fund thus far reveals information that we believe will be of real interest to you; for we find that this structure, which began as the project of approximately three thousand active members of the Kansas City Unity Society, has assumed the proportions of a world-wide undertaking.

In the several years since the idea of the project was conceived over ten thousand persons have contributed to the Temple Fund. All forty-eight of the United States are represented by these ten thousand as are foreign countries like South Africa, England, Canada, Australia, and nations of Europe and South America.

The Temple lot, located in the beautiful Plaza district of Kansas City, was purchased and paid for some time ago. Construction of the building proper will cost \$500,000. A check shows that seventy-four per cent of the money received for the Temple to date has been contributed by persons living outside of Kansas City, which is proof of the universal interest in the Unity Temple.



## Scatter Joy at Easter with Unity Greeting Booklets

By sending Unity greeting booklets as Easter messages to friends you can share the joy with them that you feel in your own heart at knowing the Truth way of life. For each Unity greeting booklet carries a heartening word of Truth that is sure to encourage and strengthen anyone who reads it.

### The New Greeting Booklet . . . The Land Is Bright by JAMES DILLET FREEMAN

Published just in time for Easter, **THE LAND IS BRIGHT** contains three inspiring articles on the theme of that victorious spirit in man which can resurrect him and lift him above any situation.

### Other Greeting Booklets

*Breath of Immortality, Daily Resurrections, God Is Blessing You Now, He Passed This Way, Life Is Consciousness, The Mental Equivalent, Prayer of Prayers, Recipes for Living, First Things First, White as Cotton, Challenge of the Dawn.*

Colorful, attractive (with decorated mailing envelopes requiring only one cent postage), Unity greeting booklets are 10 cents each, or an assortment of 12 (your selection or ours) for \$1.

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

## Draw Nigh to God and Prosper

"Draw nigh to God, and he will draw nigh to you," we are told in the Scriptures. With God near us, our good is near us and we prosper. For in this nearness God reveals to us divine ideas that we can demonstrate into visibility and fulfillment as our manifest good.

For definite practice in drawing near to God, you can follow the Unity Prosperity Bank drill. By using this simple prayer drill regularly innumerable Unity students have drawn nigh to God and have prospered.

Unity co-operates with you when you order a Prosperity Bank, for you have the prayers of Silent Unity for your success. Part of the drill is blessing a coin each day and placing it in the Prosperity Bank. The amount you save during the period in which you practice the Bank drill may be used to send DAILY WORD gift subscriptions to your friends so they too may learn to draw nigh to God.

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Please send me a Prosperity Bank and enter a year's subscription for *Daily Word* for each of the persons here named. I will save \$3 for the subscription, which is to begin at once. I ask the prayers of Silent Unity for my success.

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# The Latest Book by Charles Fillmore

## *Mysteries of John*

A fascinating book in which Charles Fillmore, cofounder of Unity, gives an illumined metaphysical interpretation of the deep inner teachings of the Gospel according to John, which is considered by many to be the most important book of the Bible.

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Mysteries of John with its vast amount of instruction and inspiration requiring many years of preparation and research is available in a beautiful, gilt-stamped, black fabrikoid binding. Why not have your copy on hand in time for Easter reading.

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